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### **What does being a rebel have to do with being a buddha? Unconventional teacher challenges us to claim our inner wisdom, power**

July 12, 2010— There is a rebel within all of us. It's the part of us that already knows how to break free of fear and unhappiness. This rebel is the voice of our own awakened mind. It's our rebel buddha—the sharp, clear intelligence that resists the status quo. It wakes us up from the sleepy acceptance of day-to-day reality and shows us the power of our enlightened nature. It's the vibrant, insightful energy that compels us to seek the truth.

In ***Rebel Buddha: On the Road to Freedom*** (Shambhala, November 2010) Dzogchen Ponlop guides the reader through the inner revolution that comes from unleashing your rebel buddha. He explains how, by training your mind and understanding your true nature, you can free yourself from needless suffering. He presents a thorough introduction to the essence of the Buddha's teachings and argues that, if we are to bring these teachings fully into our personal experience, we must go beyond the cultural trappings of traditional Asian Buddhism. "We all want to find some meaningful truth about who we are," he says, "but we can only find it guided by our own wisdom—by our own rebel buddha within."



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**Dzogchen Ponlop Rinpoche** is a widely celebrated teacher known for his skill in making the full richness of Buddhist wisdom accessible to modern minds. He is also a poet, visual artist and city-dweller, based in the United States for two decades. He devotes much of his energy to developing a vision of a genuine Western Buddhism that is free from the cultural hang-ups that distract us from the Buddha's essential message of wakefulness.

Born in 1965 in northeast India, Rinpoche was trained in the meditative and intellectual disciplines of Indian and Tibetan Buddhism under the guidance of many of the greatest masters from Tibet's final pre-exile generation. Among the many organizational roles he currently holds, he is the founder and principal teacher of Nalandabodhi, an international network of Buddhist practice centers. You can connect with Rinpoche on Twitter ([@ponlop](#)) and become a fan on [Facebook](#). For more information, go to [www.rebelbuddha.com](http://www.rebelbuddha.com).

***Rebel Buddha: On the Road to Freedom*** by Dzogchen Ponlop  
Buddhism | US \$21.95 CAN \$25.95 | Hardcover | ISBN: 978-1-59030-874-5  
On Sale: November 9, 2010 | Shambhala Publications, Inc.